

Nick Valentine

Founder of HealingPhase, Clinical Counsellor, Psychotherapist, Senior Consultant & Workshop Facilitator

Nick Valentine is an experienced Clinical Counsellor, Workshop Facilitator, and Senior Consultant working independently in Melbourne, Victoria (since 2014). He is a Level 4 member of the Australian Counselling Association (ACA), and a member of the Australian College of Clinical Counsellors (since 2012).

Nick is a trauma-informed and extensively trained Mental Health Clinician. He is currently a WorkSafe Provider, working therapeutically with people who have experienced significant psychological injuries in the workplace.

Nick started his career working in Forensic Psychology (in custody and the community), and has since worked in Child Protection, Family Violence and Emergency Services sectors. Nick has continued to provide consultancy and workshops to the these sectors, and particularly the legal profession in the past decade (including private organisations / firms and most of the nations Law Societies).

Nick's workshops have been designed to provide lawyers with the knowledge, skills and resources to navigate the stressors, risks and triggers of their unique work exceptionally, and to thrive in their personal and professional lives.

