



George Prorellis

Chiropractor, Sydney Allied Health Clinic

George has a very busy schedule. He has a family of four daughters, runs a full-time private chiropractic practice in Marrickville, studies Nursing full-time, and exercises four times a week—all made possible through shrewd time management skills.

He has spent 22 years working in private practice as a chiropractor. Six of those years were in Athens, Greece, where he also operated a clinic thanks to his dual citizenship. He completed his mandatory military service, being discharged with the rank of sergeant.

George has also obtained TAFE qualifications in fitness and personal training, primarily to deepen his knowledge in exercise prescription and nutrition. He has worked as an injury management advisor for a disability employment service provider and had a brief stint as a medic for the Balmain Dockers.

He is currently halfway through a Bachelor of Nursing degree, scheduled for completion in 2026. This path was chosen with the goal of giving back to the community by working in emergency and ambulatory care settings. He also plans to specialise in cosmetic injectables and vitamin infusions to further expand the treatment modalities offered in his private practice.

George feels that his 22 years in practice have given him the experience to clearly identify what works when it comes to exercise, nutrition, movement, and posture. He is especially intrigued by how stress—whether from work, home, or relationships—can contribute to musculoskeletal issues, often through the mental health effects of unresolved pressure. If you find him treating you in the ward, it might mean those stressors weren't managed—or it's just life.

His hope is that through discussion, he can quickly and clearly share what you can do to improve your life or work—without long-winded fluff that's hard to follow or makes you zone out.

He's excited to speak with you all and has great respect for the legal profession. After completing this degree—and if his wife and four daughters allow it—he's keen to pursue a Juris Doctor degree... hopefully.



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