

## Buzzwords: Growth Mindset

Tuesday 18 July 2023 – 12.00pm – 2.00pm



## Tim Sprague

**Executive Coach and Psychologist,  
The Coaching Practice**

### **Background Experience**

Tim is an executive coach and consulting psychologist with more than twenty-five years' experience as a Human Resource Management executive and practitioner. He is the director of The Coaching Practice, a Senior Associate of the Positivity Institute, and an Adjunct Faculty Member of the Australian Graduate School of Management. He has also been elected as the President of the Australasian branch of the International Coaching Federation and takes over this role in September 2023.

Tim has been an executive coach, the director and lead consultant at The Coaching Practice for a decade. He has coached over individual 500 senior leaders, from CEO's and C suite executives to line managers across 14 industries including legal and professional services. He also specialises in coaching leadership teams. Prior to this he has held executive roles as HR Director at Macquarie University, The Australian Graduate School of Management and AGC Ltd and senior HR roles in Westpac, CBA and St. George Banks.

### **Qualifications**

- Master of Science in Coaching Psychology, Sydney
- Master of Commerce in HR Studies, UNSW
- Bachelor of Science (Hons) Psychology, Sydney
- Diploma of Education, Sydney
- Professional Certificate in Advanced Study in Coaching Supervision, Oxford-Brookes



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**Credentials:**

- Registered Psychologist with the Australian Health Practitioners Regulation Agency, APRHA for over 30 years.
- ICF Professional Coach Certified (PCC)

**Affiliations:**

- Current President Elect – International Coaching Federation Australasia (President starts September 2023).
- Adjunct Faculty - AGSM (Australian Graduate School of Management)
- Member USCMA – University of Sydney Coaching and Mentoring Association
- Founding member - European Mentoring and Coaching Council (Asia Pac)
- Member - Association for Coaching
- Member - International Society for Coaching Psychology

