

Buzzwords: Growth Mindset

Tuesday 18 July 2023 – 12.00pm – 2.00pm



Michael Bunting

Founder, The Mindful Leader

Michael Bunting is the author of the #1 bestselling books, *The Mindful Leader* and *A Practical Guide to Mindful Meditation* and co-authored *Extraordinary Leadership in Australia & New Zealand* with Jim Kouzes and Barry Posner, the world's premier researchers in the field of leadership.

He is a global expert on the integration of transformational leadership development, mindfulness, adult development, mental health, and culture change.

His latest book, published in October 2022, *Vertical Growth*, covers the 3 core skills every leader needs to master leadership in the modern economy.



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