


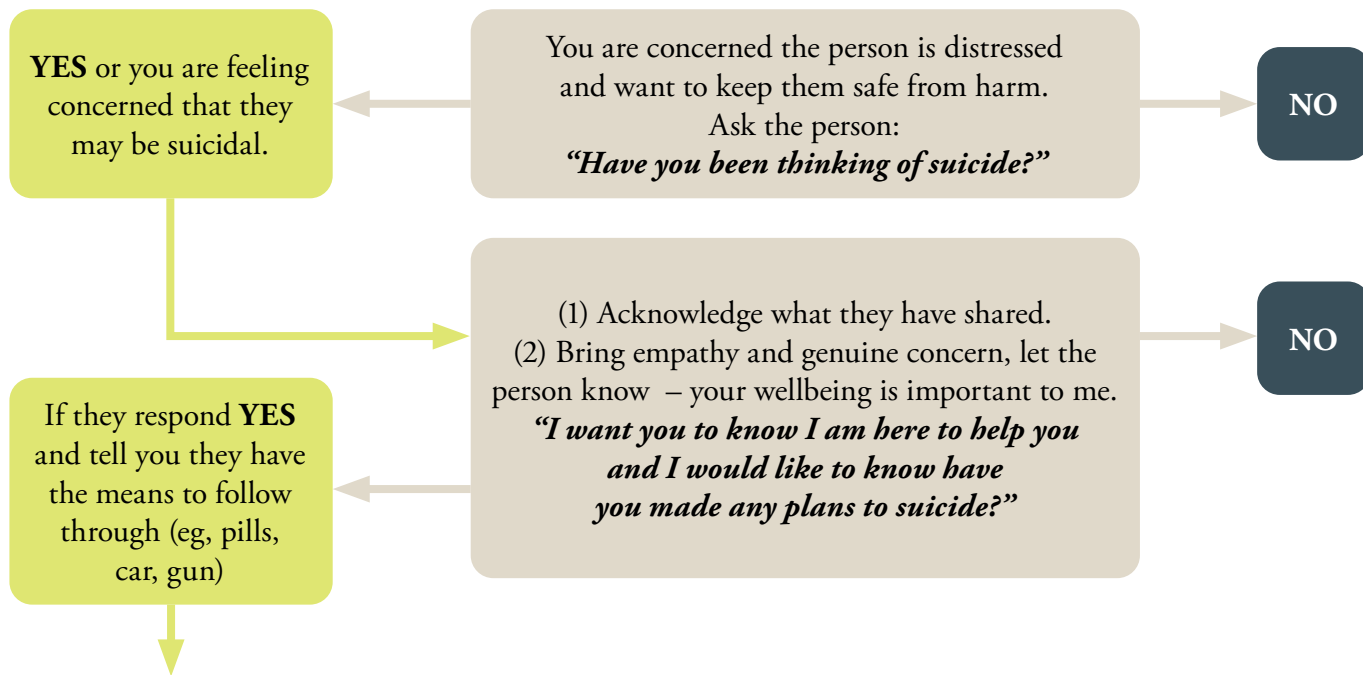


SUICIDE RISK ASSESSMENT AND RESPONSE

Managing phone consultations

Important personal circumstances that may increase the likelihood of a person thinking about suicide:

-  Recent major life events especially involving loss, humiliation.
-  "At risk" mental states especially hopelessness, despair, agitation, shame, guilt, anger, psychosis.
-  Expressing hopelessness.



HIGH RISK OF SUICIDE

- 1**

Alert and Action: Keep the person safe – don't let them be on their own call a colleague to assist you ring emergency services.

"I am concerned about your safety now and I want you to be safe, I don't want you to be alone."
- 2**

Collect location details to provide to Emergency service person.

 - Mobile
 - Home address
 - Work address

Police can locate someone with just a mobile number. If they are alone. Let them know you will keep talking to them until someone arrives.
- 3**

Work collaboratively with the suicidal person. Engage a colleague to standby to ring the suicide helplines.

Lifeline crisis support service is available 24/7 – 13 11 14
NSW Mental Health Line
 1800 011 511
ACT: Mental Health Triage Service – 1800 629 354 or 02 6205 1065
Solicitor Outreach Service (SOS) Triage Suicide risk and support – 1800 592 296

*Confidentiality guidelines – even if the person says "No to help".
 When a person considers that the failure to disclose information could place the individual at serious risk of physical harm or death and disclosure is justified in order to avoid this risk.*

