

# Staying Well in the Law – Keeping Men in Mind: Understanding and responding to men’s mental health

Tuesday 25 October 2022 – 12.30pm – 1.30pm



## Dr Zac Seidler

**Clinical Psychologist, Director of Mental Health Training at Movember, Senior Research Fellow with Orygen**

Dr. Zac Seidler is a Clinical Psychologist, the Director of Mental Health Training at Movember and a Senior Research Fellow with Orygen at The University of Melbourne. Zac has devoted several years to the goal of reducing the staggering male suicide rate, treating and researching men’s mental health with over 50 peer-reviewed articles published. Zac has worked clinically with men of different ages and presentations from adolescents in Darwin with early psychosis to older HIV+ men struggling with adjustment. Zac is a member on

the advisory committees for Life in Mind, White Ribbon, Migration Council of Australia, the National Mental Health Commission and Suicide Prevention Australia. Zac has appeared on the ABC, BBC, Sky News and in The Guardian, The Age and Vice for his work.



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