

Staying Well in the Law: In support of R U OK? Day  
Creating a mental health and wellbeing culture in the workplace  
Thursday 8 September 2022 – 12.00pm – 1.30pm



## Sharon Ponniah PhD

### Partner, Health and Wellbeing, PricewaterhouseCoopers

Sharon is a Partner in PwC's health practice and is a public health and policy specialist. She has worked in both public and private sectors managing research, evaluation and population health programs at State and National level in Australia and New Zealand. She has held roles with the Ministry of Health New Zealand, worked for large Crown Entities and the George Institute for Global Health before entering consulting. With a PhD in public health, she is a published academic and continues to review NHMRC grants for public health and policy.

Sharon's career has been driven by a passion to reduce inequity, increase sustainability and impact social agendas. She has increasingly been supporting several public organisations and corporates to address mental health and wellbeing proactively, better understanding people's needs through career and life stages and the role of workplaces in supporting physical and mental wellness.

Sharon is part of PwC's Future of Work team, exploring the impacts of mental health and wellbeing from hybrid working. Sharon leads PwC's national mental health and wellbeing consulting practice. She helped Liz Broderick and the team at Champions of Change Coalition establish the first health group to drive gender equality across the industry and continues in this role as a Special Advisor, and Sharon is a Board Director for Lifeline Australia.



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