

Staying Well in the Law: In support of R U OK? Day
Creating a mental health and wellbeing culture in the workplace
Thursday 8 September 2022 – 12.00pm – 1.30pm



Lucinda Brogden AM

Former Chair & Commissioner, National Mental Health Commission

Lucy has a strong commitment to helping others. Her primary areas of focus are issues facing women and girls and mental health and wellbeing, particularly in the workplace. She takes an evidenced based approach to problem solving and investment.

Lucy has more than 25 years' experience commercial experience with companies including Macquarie Group and Ernst & Young working in accounting, finance and organisational psychology. Specifically, Lucy has worked in trusted advisory roles with some of Australia's leading CEO's, Managing Partners, Ministers and Chairs.

Lucy currently holds the following positions:

- Chair, Mentally Healthy Workplace Alliance
- Director, National Film and Sound Archive
- Chair, Diabetes Research Foundation
- Director, Be Kind Sydney
- Patron, Partners in Depression
- Patron, Lifeline Northern Beaches
- Ambassador, Kookaburra Kids
- Friend, Carers NSW
- Founder & Patron, Sydney Women's Fund

Lucy has been awarded the following Honors:

- 2015 – 100 Women of Influence – Public Policy
- 2019 – Member of the Order of Australia (AM)



THE LAW SOCIETY
OF NEW SOUTH WALES



THE LAW SOCIETY
OF NEW SOUTH WALES