

Staying Well in the Law: In support of R U OK? Day
Creating a mental health and wellbeing culture in the workplace
Thursday 8 September 2022 – 12.00pm – 1.30pm



Jahan Kalantar

Managing Partner, Executive Law Group

Jahan Kalantar is a Sydney-based solicitor, university lecturer, and entrepreneur who describes himself as a 'little guy lawyer'. He attributes his human rights leanings to his proud Persian heritage, a dislike of bullies and a genuine belief that one person can make a difference.

Leaving a successful career in finance in order to pursue law, he was admitted to the NSW Bar Association at the age of 25. Subsequently, he established and became a partner at the firm of Executive Legal where he heads up the serious crime and mental health practice.

Jahan's keynote work focuses primarily on the skills and expertise developed while working in the law and how to tailor your communication for the audience. His work was recognised by TedX Sydney who invited him to speak in 2018 on the main stage.

You can see all of Jahan's work and learn more about him at www.jhankalantar.com



THE LAW SOCIETY
OF NEW SOUTH WALES