## Staying Well in the Law webcast: The role of mental wellbeing in work and life

Wednesday 11 May 2022 - 12.30pm - 1.30pm



## **Matthew Iasiello**

## Researcher Be Well Co

Matthew has been at South Australian Health and Medical Research Institute (SAHMRI) since 2015 working with the Wellbeing and Resilience Centre. In this time Matthew has been involved in the design, delivery, and evaluation of mental health and wellbeing interventions to the

Australian community, working with a wide range of cohorts including at-risk youth, female offenders, police officers, university students, and older Australians. His research is focused on the relationship between mental health and mental illness, and what this could mean for our health services. Matthew is a PhD candidate at Flinders University with a Bachelor (Hons) degree in Health Science from the University of Adelaide.

