## FLIP Buzzwords: Leadership

Wednesday 8 December 2021 - 4.00pm - 5.30pm



## **Michael Bunting**

## Founder, The Mindful Leader, Author

Michael Bunting is the author of the number one bestselling books The Mindful Leader and A Practical Guide to Mindful Meditation. He co-authored Extraordinary Leadership in Australia and New Zealand with Jim Kouzes and Barry Posner, the world's premier researchers and authors in the field of leadership.

He is the founder of Awakened Mind, a premium mindfulness IOS/Android App, and leadership consultancy The Mindful Leader. Michael and his team have worked with some of the world's most prestigious organisations in

the area of executive leadership, mindfulness, adult development and scaled culture change.

Several of his clients are award-winning best employers, and his app has been academically researched and proven to produce substantial improvement in key performance areas.

