



Rachel Setti

Rachel is a Sydney based executive coach, well-being consultant, speaker, facilitator, writer, and media commentator. She holds master's qualifications in both Organisational Psychology and Psychotherapy and brings a unique combination of these disciplines into her areas of passion which include leadership coaching, team development, career progression and workshop facilitation. Her focus is upon supporting senior executives and teams manage their success through increased self-awareness, enhanced working relationships, and optimal resilience. In doing so she draws on 20 years of international experience to empower clients to break through perceived performance barriers.

Rachel has trained globally and worked across a breadth of sectors such as professional services, government, financial services, and industry. She is a regular coach, speaker, writer, and contributor to professional development programs within the legal fraternity.