



Dr Hazel Dalton
Research Leader and Senior Research Fellow
University of Newcastle's Centre for Rural
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Dr Hazel Dalton is Research Leader and Senior Research Fellow at the University of Newcastle's Centre for Rural and Remote Mental Health ([CRRMH](#)) in Orange NSW.

With more than 20 years of diverse research experience across university and health sectors, Hazel leads a team of eight researchers. Research work includes foundational research on the experience and determinants of rural mental health and suicide, translational work in the form of health service design, implementation support and evaluation, and working with industry and community to support mental health and wellbeing and effective help-seeking.

These align with the CRRMH priority focus areas: rural adversity, wellbeing, service improvement and suicide prevention. Hazel is interested in translational research, communication of research more broadly and providing evidence to support programs and inform policy.

Hazel has extensive research experience across university and health sectors, with skills in conceptual modelling, quantitative and qualitative research approaches.